

# Aging Ahead

14535 Manchester Road,  
Manchester,  
MO  
63011

Website <http://www.agingahead.org>

Phone (800) 243-6060

Toll Free No. 1-800-AGE-6060

Area Served St. Charles County | Lincoln County | St. Louis County

Population Served Seniors

Served

Referral

Method

Details

Information & Assistance Specialists are available to connect citizens with programs and community resources. 1(800)243-6060 or <https://www.agingahead.org/>

\*Senior Centers for adults age 60 and older: provides meals, socialization and physical activity and recreation.

\*Adult Day Services: Respite for caregivers and socialization for adults needing daytime supervision.

\*Meals on Wheels: volunteers deliver meals to eligible homebound adults aged 60 and older.

\*Speakers Bureau: Provides speakers on a variety of subjects for senior citizens clubs and community organizations.

Description Family Caregiver Support: In-home assessment to determine service needs include: respite, adult day care, transportation, incontinence items, nutritional supplements, adaptive equipment, etc.

\*Transportation: group transportation to most senior centers and essential medical & shopping trips.

\*Legal Support: Contracted attorneys and/or paralegals assist senior citizens with entitlement programs (Food Stamps, Social Security, Etc); also CLAIM Program (Medicaid/Medicare).

\*Vial of Life: Contains emergency medical information for police, etc.

\*Offers energy assistance for senior citizens. Must express financial need.

Adult Abuse and Neglect Hotline open daily, 7:00 AM to 12:00AM 1(800) 392-0210

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