What is Ready in 3?

• A 3-step program designed to help you and your family survive and recover until more help arrives

• CREATE A PLAN

• MAKE A KIT

• LISTEN FOR INFORMATION
Create A Plan

• Know where to go and what to do in an emergency

• Plan for two situations:
  1) Staying where you are
  2) Evacuation

• Make sure everyone you love knows your plan and practices. Alert one person outside our area, if you can.
Prepare A Kit

• Provides food, drinks, and supplies to keep you and your family safe until help arrives

• What should you put in a kit?

• How many kits should you have?
Special Needs

- Extra medication and back-up batteries
- A list of your allergies or special medical information
- Copies of medical insurance, how to contact your doctor/family and other important documents
- Pet care items
Listen For Information

- Listen to and react when warnings are issued
- Obtain a battery-operated radio in case the power is lost – NOAA Weather Radio
- Sign up with authorities to receive information directly. Use apps wherever possible.
- Text first, instead of phones
Special Considerations

• Know what the facility safety plan is and practice regularly (fire drills, severe weather warnings, discussions)

• Know where your kit and medication is at all times – just in case

• Complete the emergency plan form
Questions??

For more information, please visit http://health.sccmo.org or call 636-949-7400.

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